



Stephanie Adamkin Delambre

Zip Code: 40222

Zip Postal: 40222

Language: English

Populations Treated: Adults, Other, Adolescents/Teens, Children

Treatment Options: In Office, Telehealth

Disorders Treated & Specialty: Grief, Anxiety, Attention-Deficit/Hyperactivity Disorder, Depression, Postpartum, Posttraumatic Stress Disorder (PTSD), Separation Anxiety, Social Anxiety Disorder, Stress, Trauma, Other

Treatment Methods: Cognitive Behavioral Therapy (CBT), EMDR, Telemental Health, Other

Payment Options: Accepts Credit Cards, Sliding Scale

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Address2: Suite 6

Website: <https://www.FindYourVillageTherapy.com>

City: Louisville

State/Province: Kentucky

Degree: MS

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Telehealth: Kentucky

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ABOUT

Stephanie Adamkin Delambre is a Masters level psychologist who specializes in working with the early childhood population (birth-5), attachment issues in childhood, early childhood trauma, NICU involvement, and perinatal mental health issues, in addition to working with children, adolescents, and their families who are struggling with emotional, behavioral, developmental, and social disorders. She is passionate about helping each child, parent, and family be the best they can be by finding interventions and supports that work for their unique situations.

TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

EMDR

Telemental Health

Other

POPULATIONS TREATED

Adolescents/Teens

Adults

Children

Other

DISORDERS AND SPECIALITIES

Anxiety

Attention-Deficit/Hyperactivity Disorder
Depression
Grief
Postpartum
Posttraumatic Stress Disorder (PTSD)
Separation Anxiety
Social Anxiety Disorder
Stress
Trauma
Other

PAYMENT OPTIONS

Accepts Credit Cards
Sliding Scale



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

Looking for a Therapist? ADAA Can Help

ADAA's Find Your Therapist Directory is your trusted resource for connecting with licensed mental health professionals who specialize in treating anxiety, depression, OCD, PTSD, and other related disorders. Each provider listed holds a valid clinical license and brings expertise to support your mental wellness journey.

If You're Having Trouble Finding a Therapist

If you don't find a match in our directory, we encourage you to:

- Contact your primary care provider
- Check with your health insurance company
- Explore other reputable directories of licensed mental health professionals

Please Note:

- U.S.-based clinicians cannot see clients who reside outside the United States due to licensing laws.
- Clinicians who do not mention insurance participation in their profile do not accept insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Anxiety, Depression, MDD, PTSD, OCD and more!

<https://adaa.org/resources-news/from-adaa-experts/videos>

ADAA's Free Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free ADAA Online Peer-to-Peer Support Community

<https://adaa.org/find-help/support>