



Staci Schnell

Zip Code: 33026

Zip Postal: 33026-1531

Language: English

Populations Treated: Children, Adolescents/Teens, Adults, Couples, Families, LGBTQI

Organization: Counseling and Wellness Center of South Florida

Treatment Options: In Office, Telehealth, Phone Consultations

Disorders Treated & Specialty: Stress, Social Anxiety Disorder, Anxiety, Attention-Deficit/Hyperactivity Disorder, Bipolar Disorder, Depression, Family Conflict, Generalized Anxiety Disorder (GAD), Health Anxiety, Infertility, Panic Attacks/Panic Disorder, Postpartum, Posttraumatic Stress Disorder (PTSD)

Treatment Methods: Cognitive Behavioral Therapy (CBT), Mindfulness, Telemental Health

Payment Options: Accepts Cash and/or Checks, Accepts Credit Cards

Address1: 11011 Sheridan St

Address2: Ste 211

Website: <http://www.cwcsf.com>

City: Hollywood

State/Providence: Florida

Country: United States

Home Email: stacischnell@gmail.com

Degree: LMFT

Preferred Pronouns: she/her/hers

Email: staci@slsttherapy.com

Office Phone: (754) 400-1211

Telehealth: Arizona, Florida, Massachusetts

Cell Phone: 754-400-1211

Professional focus: Marriage and Family Therapist

ABOUT

Therapy can be brief to help you through everyday life issues and stressors as well as life cycle transitions. Individual, Couples, Family and Group therapy are all available. Medical Family Therapy can help you and your family in dealing with a new or existing medical disease. Therapy is provided in a nurturing environment. Childhood and Adult Anxiety and Depression, Postpartum Anxiety and Depression, and PTSD are all specialties of the practice.

TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

Mindfulness

Telemental Health

POPULATIONS TREATED

Adolescents/Teens

Adults

Children

Couples

Families
LGBTQI

DISORDERS AND SPECIALITIES

Anxiety
Attention-Deficit/Hyperactivity Disorder
Bipolar Disorder
Depression
Family Conflict
Generalized Anxiety Disorder (GAD)
Health Anxiety
Infertility
Panic Attacks/Panic Disorder
Postpartum
Posttraumatic Stress Disorder (PTSD)
Social Anxiety Disorder
Stress

PAYMENT OPTIONS

Accepts Cash and/or Checks
Accepts Credit Cards



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

Looking for a Therapist? ADAA Can Help

ADAA's Find Your Therapist Directory is your trusted resource for connecting with licensed mental health professionals who specialize in treating anxiety, depression, OCD, PTSD, and other related disorders. Each provider listed holds a valid clinical license and brings expertise to support your mental wellness journey.

If You're Having Trouble Finding a Therapist

If you don't find a match in our directory, we encourage you to:

- Contact your primary care provider
- Check with your health insurance company
- Explore other reputable directories of licensed mental health professionals

Please Note:

- U.S.-based clinicians cannot see clients who reside outside the United States due to licensing laws.
- Clinicians who do not mention insurance participation in their profile do not accept insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

Tips and Questions About How to Choose a Therapist That's Right for You

<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Anxiety, Depression, MDD, PTSD, OCD and more!

<https://adaa.org/resources-news/from-adaa-experts/videos>

ADAA's Free Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free ADAA Online Peer-to-Peer Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

Therapists: Watch ADAA's Find Your Therapist Video and Join the Directory!

<https://youtu.be/Eq3zOzbfGoU>