



Roseann Capanna-Hodge

Zip Code: 06877

Zip Postal: 06877-2831

Language: Italian

Populations Treated: Children, Adolescents/Teens, Adults

Organization: Dr. Roseann Capanna-Hodge, LLC

Treatment Options: Group Therapy, In Office, Telehealth, Inpatient, Phone Consultations

Disorders Treated & Specialty: Anxiety, Attention-Deficit/Hyperactivity Disorder, Autism Spectrum Disorder, Bipolar Disorder, Body Focused Repetitive Behaviors, Depression, Developmental Disorders, Emotional Disturbance, Generalized Anxiety Disorder (GAD), Misophonia, Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder, Selective Mutism Disorder, School Refusal, Separation Anxiety, Social Anxiety Disorder, Tourette's Syndrome, Other

Treatment Methods: Alternative Therapies, Cognitive Behavioral Therapy (CBT), Exposure Therapy, Intensive Exposure Therapy Protocols, Mindfulness, Telemental Health, Other

Payment Options: Accepts Credit Cards

Address1: 898 Ethan Allen Hwy

Address2: Ste 7

Website: <http://www.drroseann.com>

City: Ridgefield

State/Providence: Connecticut

Country: United States

Degree: PhD

Preferred Pronouns: she/her/hers

Email: info@drroseann.com

Office Phone: 2034384848

Professional focus: Psychologist

ABOUT

Founder of The Global Institute of Children's Mental Health and Dr. Roseann, LLC, who is, "Changing the way we view and treat children's mental health". She is known for teaching how to calm the brain in order to have a happy family and giving parents and organizations the keys to unlock the brain's potential. With her trademarked method, BrainBehaviorReset, has helped thousands address the most challenging conditions such as ADHD, executive functioning, anxiety, OCD, mood, Lyme, and PANS/PANDAS using PROVEN holistic therapies. She is an author of three books including her most recent book, *It's Gonna be OK!* and is a media personality who is featured on dozens of media outlets. Dr. Roseann is a Connecticut Certified School Psychologist, a Licensed Professional Counselor (LPC), Certified Integrative Medicine Mental Health Provider (CMHIMP), and a Board Certified Neurofeedback Provider (BCN). She is a member of International Lyme and Associated Disease Society (ILADS). Dr. Roseann serves on the boards of the Northeast Regional Biofeedback Society and Epidemic Answers, and is a Lyme Connection Task Force Professional Advisor.

TREATMENT APPROACH

Alternative Therapies

Cognitive Behavioral Therapy (CBT)

Exposure Therapy

Intensive Exposure Therapy Protocols

Mindfulness

Telemental Health

Other

POPULATIONS TREATED

Adolescents/Teens
Adults
Children

DISORDERS AND SPECIALITIES

Anxiety
Attention-Deficit/Hyperactivity Disorder
Autism Spectrum Disorder
Bipolar Disorder
Body Focused Repetitive Behaviors
Depression
Developmental Disorders
Emotional Disturbance
Generalized Anxiety Disorder (GAD)
Misophonia
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
School Refusal
Selective Mutism Disorder
Separation Anxiety
Social Anxiety Disorder
Tourette's Syndrome
Other

PAYMENT OPTIONS

Accepts Credit Cards



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

ADAA's Find Your Therapist Directory connects YOU with licensed mental health professionals/counselors, with clinical licenses and who have expertise in anxiety, depression, OCD, PTSD, and co-occurring disorders.

We are increasing the number of mental health professionals listed. We also list ADAA members who work for behavioral health clinics.

If you cannot find a therapist, contact your medical provider, your insurance company, or other lists of licensed mental health professionals.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

For the ADAA mental health professionals, this directory also helps you connect with potential patients. To join the directory, contact membership@adaa.org.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website
<https://adaa.org/>

Tips and Questions About How to Choose a Therapist That's Right for You
<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Depression, MDD, PTSD, OCD and Suicide

<https://adaa.org/resources-news/from-adaa-experts/videos>

Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

For Therapists: Watch ADAA's Find Your Therapist Video

<https://youtu.be/Eq3zOzbfGoU>