



Roseann Capanna-Hodge

Zip Code: 06877 Zip Postal: 06877-2831 Language: Italian

Populations Treated: Children, Adolescents/Teens, Adults

Organization: Dr. Roseann Capanna-Hodge, LLC

Treatment Options: Group Therapy, In Office, Telehealth, Inpatient, Phone Consultations

Disorders Treated & Specialty: Social Anxiety Disorder, Tourette's Syndrome, Other, Separation Anxiety, Autism Spectrum Disorder, Anxiety, Attention-Deficit/Hyperactivity Disorder, Bipolar Disorder, Body Focused Repetitive Behaviors, Depression, Developmental Disorders, Emotional Disturbance, Generalized Anxiety Disorder (GAD), Misophonia, Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder, Selective Mutism Disorder. School Refusal

 $\textbf{Treatment Methods:} \ Other, Alternative \ The rapies, \ Cognitive \ Behavioral \ The rapy (CBT), \ Exposure \ The rapy, \ Intensive \ Exposure \ The rapy \ Protocols, \$

Mindfulness, Telemental Health
Payment Options: Accepts Credit Cards
Address 1: 898 Ethan Allen Hwy

Address2: Ste 7

Website: http://www.drroseann.com

City: Ridgefield

State/Providence: Connecticut

Degree: PhD

Preferred Pronouns: she/her/hers Email: info@drroseann.com Office Phone: 2034384848

ABOUT

Founder of The Global Institute of Children's Mental Health and Dr. Roseann, LLC, who is, "Changing the way we view and treat children's mental health". She is known for teaching how to calm the brain in order to have a happy family and giving parents and organizations the keys to unlock the brain's potential. With her trademarked method, BrainBehaviorReset™, has helped thousands address the most challenging conditions such as ADHD, executive functioning, anxiety, OCD, mood, Lyme, and PANS/PANDAS using PROVEN holistic therapies. She is an author of three books including her most recent book, It's Gonna be OK!™ and is a media personality who is featured on dozens of media outlets. Dr. Roseann is a Connecticut Certi?ed School Psychologist, a Licensed Professional Counselor (LPC), Certified Integrative Medicine Mental Health Provider (CMHIMP), and a Board Certi?ed Neurofeedback Provider (BCN). She is a member of International Lyme and Associated Disease Society (ILADS). Dr. Roseann serves on the boards of the Northeast Regional Biofeedback Society and Epidemic Answers, and is a Lyme Connection Task Force Professional Advisor.

TREATMENT APPROACH

Alternative Therapies
Cognitive Behavioral Therapy (CBT)
Exposure Therapy
Intensive Exposure Therapy Protocols
Mindfulness
Telemental Health
Other

POPULATIONS TREATED

Adolescents/Teens

Adults

Children

DISORDERS AND SPECIALITIES

Anxiety

Attention-Deficit/Hyperactivity Disorder

Autism Spectrum Disorder

Bipolar Disorder

Body Focused Repetitive Behaviors

Depression

Developmental Disorders

Emotional Disturbance

Generalized Anxiety Disorder (GAD)

Misophonia

Obsessive Compulsive Disorder (OCD)

Panic Attacks/Panic Disorder

School Refusal

Selective Mutism Disorder

Separation Anxiety

Social Anxiety Disorder

Tourette's Syndrome

Other

PAYMENT OPTIONS

Accepts Credit Cards





ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

Looking for a Therapist? ADAA Can Help

ADAA's Find Your Therapist Directory is your trusted resource for connecting with licensed mental health professionals who specialize in treating anxiety, depression, OCD, PTSD, and other related disorders. Each provider listed holds a valid clinical license and brings expertise to support your mental wellness journey.

If You're Having Trouble Finding a Therapist

If you don't find a match in our directory, we encourage you to:

- Contact your primary care provider
- Check with your health insurance company
- Explore other reputable directories of licensed mental health professionals

Please Note:

- U.S.-based clinicians cannot see clients who reside outside the United States due to licensing laws.
- Clinicians who do not mention insurance participation in their profile do not accept insurance.

 $Know\ that\ you\ are\ not\ alone, and\ help\ is\ available.\ If\ you\ are\ in\ crisis\ call\ or\ text\ 988\ for\ the\ Suicide\ \&\ Crisis\ Lifeline.$

The members in ADAA's Find Your Therapist directory are listed for the sole propose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

ADAA Website

https://adaa.org/

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit and the state of t

Watch ADAA's Short "What is" Videos on Anxiety, Depression, MDD, PTD, OCD and more!

https://adaa.org/resources-news/from-adaa-experts/videos

ADAA's Free Mental Health Webinars

https://adaa.org/resources-news/from-adaa-experts/webinars

Mental Health Personal Stories

https://adaa.org/educational-resources/from-our-community/stories-of-triumph

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free ADAA Online Peer-to-Peer Support Community

https://adaa.org/find-help/support

© 2025 ANXIETY & DEPRESSION ASSOCIATION (ADAA). ALL RIGHTS RESERVED