



Richard Shapiro

Zip Code: 30309

Zip Postal: 30309-7022

Language: English

Populations Treated: Adolescents/Teens, Adults, LGBTQI, Families, Couples

Organization: Richard S. Shapiro, Ph.D., ABPP

Treatment Options: Phone Consultations, Telehealth

Disorders Treated & Specialty: Health Anxiety, Other, Stress, Social Anxiety Disorder, Posttraumatic Stress Disorder (PTSD), Phobias, Panic Attacks/Panic Disorder, Obsessive Compulsive Disorder (OCD), LGBTQ+, Intrusive Thoughts, Grief, Generalized Anxiety Disorder (GAD), Family Conflict, Depression, Bipolar Disorder, Attention-Deficit/Hyperactivity Disorder, Anxiety

Treatment Methods: Other, Telemental Health, Mindfulness, Interpersonal Therapy (IPT), Cognitive Behavioral Therapy (CBT), Acceptance and Commitment Therapy (ACT)

Payment Options: Sliding Scale, Accepts Credit Cards

Address1: 1708 Peachtree St NW

Address2: Ste 400

Website: <https://www.richardshapirohd.com>

City: Atlanta

State/Providence: Georgia

Country: United States

Home Email: richardshapirohd@gmail.com

Degree: PhD, ABPP

Preferred Pronouns: he/him/his

Email: drshapiro@richardshapirohd.com

Office Phone: 404-800-3271 X1

Telehealth: Wyoming, Wisconsin, Washington, Colorado, Kentucky, Kansas, Indiana, Illinois, Idaho, Georgia, Florida, District of Columbia, Delaware, Connecticut, Maine, Arkansas, Arizona, Alabama, North Dakota, Virginia, Vermont, Utah, Texas, Tennessee, South Carolina, Rhode Island, Pennsylvania, Oklahoma, Ohio, North Carolina, New Jersey, New Hampshire, Nevada, Nebraska, Missouri, Minnesota, Michigan, Maryland

Professional focus: Psychologist

ABOUT

I am a board certified clinical psychologist licensed and practicing in Georgia, Connecticut and Florida. I am a certified telehealth practitioner and currently work primarily through HIPAA compliant videoconference. methods. I am a member of PSYPACT. I have over 35 years of clinical experience helping adolescents, adults, couples, and families. I use an integrated treatment model because people need different approaches at different times to help them achieve their goals.

TREATMENT APPROACH

Acceptance and Commitment Therapy (ACT)

Cognitive Behavioral Therapy (CBT)

Interpersonal Therapy (IPT)

Mindfulness

Telemental Health

Other

POPULATIONS TREATED

Adolescents/Teens
Adults
Couples
Families
LGBTQI

DISORDERS AND SPECIALITIES

Anxiety
Attention-Deficit/Hyperactivity Disorder
Bipolar Disorder
Depression
Family Conflict
Generalized Anxiety Disorder (GAD)
Grief
Health Anxiety
Intrusive Thoughts
LGBTQ+
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Phobias
Posttraumatic Stress Disorder (PTSD)
Social Anxiety Disorder
Stress
Other

PAYMENT OPTIONS

Accepts Credit Cards
Sliding Scale



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

ADAA's Find Your Therapist Directory connects YOU with licensed mental health professionals/counselors, with clinical licenses and who have expertise in anxiety, depression, OCD, PTSD, and co-occurring disorders.

We are increasing the number of mental health professionals listed. We also list ADAA members who work for behavioral health clinics.

If you cannot find a therapist, contact your medical provider, your insurance company, or other lists of licensed mental health professionals.

Please note that US clinicians are not able to see clients outside of the US due to licensing restrictions.

Please note that clinicians in the directory who do not state that they participate in an insurance plan do not take insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

For the ADAA mental health professionals, this directory also helps you connect with potential patients. To join the directory, contact membership@adaa.org.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website
<https://adaa.org/>

Tips and Questions About How to Chose a Therapist That's Right for You

<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Depression, MDD, PTSD, OCD and Suicide

<https://adaa.org/resources-news/from-adaa-experts/videos>

Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

For Therapists: Watch ADAA's Find Your Therapist Video

<https://youtu.be/Eq3zOzbfGoU>