



# **Rebecca Price**

Zip Code: 15206 Zip Postal: 15206 Language: English

Populations Treated: Adults, Adolescents/Teens, Children

Organization: University of Pittsburgh

Disorders Treated & Specialty: Suicidal Ideation, Depression, Anxiety

Treatment Methods: Prescription Digital Therapeutics (PDTs), Cognitive Behavioral Therapy (CBT)

Payment Options: None Address1: 3811 O'Hara St City: PITTSBURGH

State/Providence: Pennsylvania

Country: United States

Degree: PhD

Email: rbp18@pitt.edu Office Phone: 4123835443

Professional focus: Psychologist, Researcher

# TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)
Prescription Digital Therapeutics (PDTs)

### POPULATIONS TREATED

Adolescents/Teens

Adults Children

**DISORDERS AND SPECIALITIES** 

Anxiety Depression Suicidal Ideation

PAYMENT OPTIONS

None





### ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

ADAAs Find Your Therapist Directory connects YOU with licensed mental health professionals/counselors, with clinical licenses and who have expertise in anxiety, depression, OCD, PTSD, and co-occurring disorders.

We are increasing the number of mental health professionals listed. We also list ADAA members who work for behavioral health clinics.

If you cannot find a therapist, contact your medical provider, your insurance company, or other lists of licensed mental health professionals.

Please note that US clinicians are not able to see clients outside of the US due to licensing restrictions.

Please note that clinicians in the directory who do not state that the participate in an insurance plando not take insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

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For the ADAA mental health professionals, this directory also helps you connect with potential patients To join the directory, contact membership@adaa.org.

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The members in ADAA's Find Your Therapist directory are listed for the sole propose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

#### Tips and Questions About How to Chose a Therapist That's Right for You

https://adaa.org/finding-help/treatment/choosing-therapist

#### 5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit and the state of t

#### Watch ADAA's Short "What is" Videos on Depression, MDD, PTD, OCD and Suicide

https://adaa.org/resources-news/from-adaa-experts/videos

#### **Mental Health Webinars**

https://adaa.org/resources-news/from-adaa-experts/webinars

### **Mental Health Personal Stories**

https://adaa.org/educational-resources/from-our-community/stories-of-triumph

#### ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph\_Subscribe\_page

# Join a Free Support Community

https://adaa.org/find-help/support

#### Meet ADAA's Institutional Members

https://adaa.org/professionals/Institutional-Memberships

# For Therapists: Watch ADAA's Find Your Therapist Video

https://youtu.be/Eq3zOzbfGoU

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