



Natasha Moharter

Email

natasha@ocd.xyz

Zip Code: 89113

Zip Postal: 89113

Language: English

Populations Treated: Adults, BIPOC, LGBTQI

Organization: The Online Counselor, PLLC

Treatment Options: Telehealth, Phone Consultations

Disorders Treated & Specialty: Suicidal Ideation, Agoraphobia, Anxiety, Emetophobia, Health Anxiety, Intrusive Thoughts, LGBTQ+, Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder

Treatment Methods: Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), Exposure Therapy, Telemental Health

Payment Options: Accepts Credit Cards, Accepts Cash and/or Checks

Address1: 7318 W. Post Road

Address2: Ste 211

Website: <https://ocd.xyz>

City: Las Vegas

State/Providence: Nevada

Country: United States

Degree: LPCC, NCC

Preferred Pronouns: she/her/hers

Email: natasha@ocd.xyz

Office Phone: 702-623-3623

Telehealth: Washington, California, Nevada, New Mexico, Vermont

Cell Phone: 7026233623

Professional focus: Counselor

ABOUT

I am a licensed counselor with 10+ years of experience in mental health and have specialized in treating OCD since 2021. My training includes advanced multi-day workshops, including through the International OCD Foundation's Behavior Therapy Training Institute (BTI). I have completed over a year of regular consultation with leading OCD specialists and continue to pursue ongoing education in evidence-based approaches such as ERP and ACT. I am dedicated to providing effective treatment and continually advancing my expertise to support individuals with OCD.

TREATMENT APPROACH

Acceptance and Commitment Therapy (ACT)

Cognitive Behavioral Therapy (CBT)

Exposure Therapy

Telemental Health

POPULATIONS TREATED

Adults

BIPOC

LGBTQI

DISORDERS AND SPECIALITIES

Agoraphobia
Anxiety
Emetophobia
Health Anxiety
Intrusive Thoughts
LGBTQ+
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Suicidal Ideation

PAYMENT OPTIONS

Accepts Cash and/or Checks
Accepts Credit Cards



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

Looking for a Therapist? ADAA Can Help

ADAA's Find Your Therapist Directory is your trusted resource for connecting with licensed mental health professionals who specialize in treating anxiety, depression, OCD, PTSD, and other related disorders. Each provider listed holds a valid clinical license and brings expertise to support your mental wellness journey.

If You're Having Trouble Finding a Therapist

If you don't find a match in our directory, we encourage you to:

- Contact your primary care provider
- Check with your health insurance company
- Explore other reputable directories of licensed mental health professionals

Please Note:

- U.S.-based clinicians cannot see clients who reside outside the United States due to licensing laws.
- Clinicians who do not mention insurance participation in their profile do not accept insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

Tips and Questions About How to Choose a Therapist That's Right for You

<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Anxiety, Depression, MDD, PTSD, OCD and more!

<https://adaa.org/resources-news/from-adaa-experts/videos>

ADAA's Free Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free ADAA Online Peer-to-Peer Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

Therapists: Watch ADAA's Find Your Therapist Video and Join the Directory!

<https://youtu.be/Eq3zOzbfGoU>