



**Marianne O'Leary**

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Zip Code: 21042

Zip Postal: 21042-2600

Language: English

Populations Treated: Adults, Seniors

Organization: Marianne O'Leary, Ph.D.

Treatment Options: In Office, Telehealth, Phone Consultations

Disorders Treated & Specialty: Other, Depression, Agoraphobia, Anxiety, Bipolar Disorder, Generalized Anxiety Disorder (GAD), Health Anxiety, Intrusive Thoughts, MDD, Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder, Phobias, Posttraumatic Stress Disorder (PTSD), Social Anxiety Disorder, Trauma

Treatment Methods: Cognitive Behavioral Therapy (CBT), EMDR, Exposure Therapy, Medication Referral, Mindfulness, Telemental Health, Other

Payment Options: Sliding Scale, Accepts Credit Cards, Accepts Medicare

Address1: 3355 Saint Johns Ln

Address2: Ste F

Website: <http://www.marianneolearyphd.com/>

City: Ellicott City

State/Providence: Maryland

Country: United States

Degree: PhD

Preferred Pronouns: she/her/hers

Email: [marianneolearyphd@gmail.com](mailto:marianneolearyphd@gmail.com)

Office Phone: (410) 465-5520

Telehealth: Maryland

Cell Phone: 410-804-1323

Professional focus: Psychologist

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#### ABOUT

I have been in independent practice for over twenty years, and have developed a specialty in working with anxiety and trauma recovery. I received my training at Vanderbilt University and the Baltimore VA Medical Center. I bring a mindfulness-informed cognitive-behavioral approach to my work with a range of anxiety disorders, and have a longstanding focus on trauma, dissociation, and PTSD.

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#### TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

EMDR

Exposure Therapy

Medication Referral

Mindfulness

Telemental Health

Other

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#### POPULATIONS TREATED

Adults

Seniors

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## DISORDERS AND SPECIALITIES

Agoraphobia  
Anxiety  
Bipolar Disorder  
Depression  
Generalized Anxiety Disorder (GAD)  
Health Anxiety  
Intrusive Thoughts  
MDD  
Obsessive Compulsive Disorder (OCD)  
Panic Attacks/Panic Disorder  
Phobias  
Posttraumatic Stress Disorder (PTSD)  
Social Anxiety Disorder  
Trauma  
Other

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## PAYMENT OPTIONS

Accepts Credit Cards  
Accepts Medicare  
Sliding Scale



#### ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

*ADAA's Find Your Therapist Directory connects YOU with licensed mental health professionals/counselors, with clinical licenses and who have expertise in anxiety, depression, OCD, PTSD, and co-occurring disorders.*

*We are increasing the number of mental health professionals listed. We also list ADAA members who work for behavioral health clinics.*

*If you cannot find a therapist, contact your medical provider, your insurance company, or other lists of licensed mental health professionals.*

*Please note that US clinicians are not able to see clients outside of the US due to licensing restrictions.*

*Please note that clinicians in the directory who do not state that they participate in an insurance plan do not take insurance.*

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

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*For the ADAA mental health professionals, this directory also helps you connect with potential patients. To join the directory, contact [membership@adaa.org](mailto:membership@adaa.org).*

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*The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.*

*The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.*

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#### HELPFUL LINKS

**ADAA Website**  
<https://adaa.org/>

**Tips and Questions About How to Chose a Therapist That's Right for You**

<https://adaa.org/finding-help/treatment/choosing-therapist>

**5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You**

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

**Watch ADAA's Short "What is" Videos on Depression, MDD, PTSD, OCD and Suicide**

<https://adaa.org/resources-news/from-adaa-experts/videos>

**Mental Health Webinars**

<https://adaa.org/resources-news/from-adaa-experts/webinars>

**Mental Health Personal Stories**

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

**ADAA Free Newsletter Sign Up**

[https://adaa.informz.net/adaa/pages/Triumph\\_Subscribe\\_page](https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page)

**Join a Free Support Community**

<https://adaa.org/find-help/support>

**Meet ADAA's Institutional Members**

<https://adaa.org/professionals/Institutional-Memberships>

**For Therapists: Watch ADAA's Find Your Therapist Video**

<https://youtu.be/Eq3zOzbfGoU>