



Kevin Kuehlwein

Zip Code: 19130

Zip Postal: 19130-7723

Language: English

Populations Treated: Adults, Seniors, Couples, LGBTQI

Organization: In Tune With Your Life

Treatment Options: Telehealth

Disorders Treated & Specialty: Substance Abuse, Anxiety, Agoraphobia, Anger Management, Bipolar Disorder, Depression, Generalized Anxiety Disorder (GAD), LGBTQ+, MDD, Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder, Posttraumatic Stress Disorder (PTSD), Sleep Disorders, Stress

Treatment Methods: Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), Exposure Therapy, Mindfulness

Payment Options: Accepts Cash and/or Checks, Accepts Venmo/App-based Payment, Sliding Scale

Address1: 2401 Pennsylvania Ave

Address2: Ste 1C52

Website: <http://www.kevinkuehlweinpsyd.com>

City: Philadelphia

State/Providence: Pennsylvania

Country: United States

Home Email: ktk19147@yahoo.com

Degree: PSYD

Preferred Pronouns: he/him/his

Email: kevin@kevinkuehlweinpsyd.com

Office Phone: (215) 582-3873

Telehealth: Delaware, Pennsylvania

Cell Phone: 215-582-3873

Professional focus: Psychologist

ABOUT

I've helped many people with depression, anxiety/worry/stress, addiction, couples issues, self-esteem, weight, sleep, and anger issues. I have taught 25 years at the university level and co-edited two scholarly books. I also train and supervise people interested in learning how to apply cognitive-behavioral therapy.

TREATMENT APPROACH

Acceptance and Commitment Therapy (ACT)

Cognitive Behavioral Therapy (CBT)

Exposure Therapy

Mindfulness

POPULATIONS TREATED

Adults

Couples

LGBTQI

Seniors

DISORDERS AND SPECIALITIES

Agoraphobia
Anger Management
Anxiety
Bipolar Disorder
Depression
Generalized Anxiety Disorder (GAD)
LGBTQ+
MDD
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Posttraumatic Stress Disorder (PTSD)
Sleep Disorders
Stress
Substance Abuse

PAYMENT OPTIONS

Accepts Cash and/or Checks
Accepts Venmo/App-based Payment
Sliding Scale



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

Looking for a Therapist? ADAA Can Help

ADAA's Find Your Therapist Directory is your trusted resource for connecting with licensed mental health professionals who specialize in treating anxiety, depression, OCD, PTSD, and other related disorders. Each provider listed holds a valid clinical license and brings expertise to support your mental wellness journey.

If You're Having Trouble Finding a Therapist

If you don't find a match in our directory, we encourage you to:

- Contact your primary care provider
- Check with your health insurance company
- Explore other reputable directories of licensed mental health professionals

Please Note:

- U.S.-based clinicians cannot see clients who reside outside the United States due to licensing laws.
- Clinicians who do not mention insurance participation in their profile do not accept insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

Tips and Questions About How to Choose a Therapist That's Right for You

<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Anxiety, Depression, MDD, PTSD, OCD and more!

<https://adaa.org/resources-news/from-adaa-experts/videos>

ADAA's Free Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free ADAA Online Peer-to-Peer Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

Therapists: Watch ADAA's Find Your Therapist Video and Join the Directory!

<https://youtu.be/Eq3zOzbfGoU>