



Joi McNeley-Phelps

Zip Code: 66215

Zip Postal: 66215-4410

Language: English

Populations Treated: Adults, Adolescents/Teens, Children

Organization: McNeley-Phelps Psychological Services

Treatment Options: Telehealth, In Office

Disorders Treated & Specialty: Posttraumatic Stress Disorder (PTSD), Trichotillomania, Trauma, Social Anxiety Disorder, Separation Anxiety, Postpartum, Phobias, Panic Attacks/Panic Disorder, Obsessive Compulsive Disorder (OCD), Health Anxiety, Grief, Generalized Anxiety Disorder (GAD), Body Focused Repetitive Behaviors, Body Dysmorphic Disorder, Anxiety, Agoraphobia

Treatment Methods: Cognitive Behavioral Therapy (CBT), Exposure Therapy, Mindfulness

Payment Options: Accepts Medicaid, Accepts Medicare, Accepts Credit Cards, Accepts Some Insurance

Address1: 12351 W 96th Ter

Address2: Ste 111

City: Lenexa

State/Province: Kansas

Country: United States

Degree: PhD

Preferred Pronouns: she/her/hers

Email: Joi@JMP-PhD.com

Office Phone: (913) 787-0400

Telehealth: Delaware, Minnesota, Maryland, Maine, Kentucky, Kansas, Illinois, Georgia, District of Columbia, Missouri, Colorado, Arkansas, Arizona, Alabama, Pennsylvania, West Virginia, Virginia, Utah, Texas, Tennessee, Oklahoma, Ohio, North Carolina, New Jersey, New Hampshire, Nevada, Nebraska

Cell Phone: 9137870400

Professional focus: Psychologist

ABOUT

I have a varied clientele in addition to my special interest in anxiety disorders and obsessive-compulsive spectrum disorders. For anxiety disorders, I utilize evidence-based cognitive-behavioral techniques, including Exposure and Response Prevention (ERP). In general treatment with children I use directive and nondirective play therapy techniques to help them cope with various life stressors, such as divorce and other types of loss. I also work with parents/caretakers to help them develop successful parenting strategies. I especially enjoy using a combination of supportive therapy, cognitive-behavioral techniques, and mindfulness to assist individuals of all ages in managing their stress and mood more effectively. I have certification in perinatal mental health, which is a strong interest of mine.

TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

Exposure Therapy

Mindfulness

POPULATIONS TREATED

Adolescents/Teens

Adults

Children

DISORDERS AND SPECIALITIES

Agoraphobia
Anxiety
Body Dysmorphic Disorder
Body Focused Repetitive Behaviors
Generalized Anxiety Disorder (GAD)
Grief
Health Anxiety
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Phobias
Postpartum
Posttraumatic Stress Disorder (PTSD)
Separation Anxiety
Social Anxiety Disorder
Trauma
Trichotillomania

PAYMENT OPTIONS

Accepts Credit Cards
Accepts Medicaid
Accepts Medicare
Accepts Some Insurance



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

Looking for a Therapist? ADAA Can Help

ADAA's Find Your Therapist Directory is your trusted resource for connecting with licensed mental health professionals who specialize in treating anxiety, depression, OCD, PTSD, and other related disorders. Each provider listed holds a valid clinical license and brings expertise to support your mental wellness journey.

If You're Having Trouble Finding a Therapist

If you don't find a match in our directory, we encourage you to:

- Contact your primary care provider
- Check with your health insurance company
- Explore other reputable directories of licensed mental health professionals

Please Note:

- U.S.-based clinicians cannot see clients who reside outside the United States due to licensing laws.
- Clinicians who do not mention insurance participation in their profile do not accept insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

Tips and Questions About How to Choose a Therapist That's Right for You

<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Anxiety, Depression, MDD, PTSD, OCD and more!

<https://adaa.org/resources-news/from-adaa-experts/videos>

ADAA's Free Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free ADAA Online Peer-to-Peer Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

Therapists: Watch ADAA's Find Your Therapist Video and Join the Directory!

<https://youtu.be/Eq3zOzbfGoU>