



Emily Bailey

Zip Code: 30022 Zip Postal: 30022 Language: English

Populations Treated: Adolescents/Teens, Adults
Organization: Atlanta OCD and Anxiety Treatment, LLC
Treatment Options: Phone Consultations, Telehealth

Disorders Treated & Specialty: Health Anxiety, Trichotillomania, Social Anxiety Disorder, Separation Anxiety, Phobias, Panic Attacks/Panic Disorder, Obsessive Compulsive Disorder (OCD), MDD, Intrusive Thoughts, Hoarding, Generalized Anxiety Disorder (GAD), Emetophobia,

Depression, Body Focused Repetitive Behaviors, Assessment, Anxiety, Agoraphobia

 $\textbf{Treatment Methods:} \ \textbf{Virtual Reality Exposure, Telemental Health, Intensive Exposure Therapy Protocols, Exposure Therapy, Dialectical Behavioral Protocols, Dialectical Behavioral Protocols, Dialectical Behavioral Protocols, Dialectical Behavioral Protocols, Dialectical B$

Therapy (DBT), Cognitive Behavioral Therapy for Insomnia (CBT-I), Acceptance and Commitment Therapy (ACT)

Payment Options: Accepts Credit Cards Address1: 115 Nesbit Reserve Court Website: http://www.dremilybailey.com

City: Alpharetta

State/Providence: Georgia Country: United States

 ${\sf Degree: PSYD}$

Preferred Pronouns: she/her/hers Email: dr.emilynbailey@gmail.com Office Phone: 4703663386

Telehealth: Wyoming, Wisconsin, Connecticut, Maine, Kentucky, Indiana, Illinois, Idaho, Georgia, Florida, District of Columbia, Delaware, Maryland, Colorado, Arkansas, Arizona, Alabama, Oklahoma, West Virginia, Washington, Virginia, Utah, Texas, Tennessee, South Carolina, Rhode Island, Pennsylvania, Ohio, North Dakota, North Carolina, New Jersey, Nevada, Nebraska, Missouri, Minnesota, Michigan

Cell Phone: 4703663386 Professional focus: Psychologist

ABOUT

Atlanta OCD and Anxiety Treatment, LLC was founded in 2023 by Dr. Emily Bailey, a licensed clinical psychologist. Individualized, evidence-based treatment for children adolescents and adults with OCD, OCD-related disorders, anxiety disorders, depression, parenting-related challenges, and other life stressors are provided at this practice

TREATMENT APPROACH

Acceptance and Commitment Therapy (ACT)
Cognitive Behavioral Therapy for Insomnia (CBT-I)
Dialectical Behavioral Therapy (DBT)
Exposure Therapy
Intensive Exposure Therapy Protocols
Telemental Health
Virtual Reality Exposure

Adolescents/Teens Adults

DISORDERS AND SPECIALITIES

Agoraphobia

Anxiety

Assessment

Body Focused Repetitive Behaviors

Depression

Emetophobia

Generalized Anxiety Disorder (GAD)

Health Anxiety

Hoarding

Intrusive Thoughts

MDD

Obsessive Compulsive Disorder (OCD)

Panic Attacks/Panic Disorder

Phobias

Separation Anxiety

Social Anxiety Disorder

Trichotillomania

PAYMENT OPTIONS

Accepts Credit Cards





ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

ADAAs Find Your Therapist Directory connects YOU with licensed mental health professionals/counselors, with clinical licenses and who have expertise in anxiety, depression, OCD, PTSD, and co-occurring disorders.

We are increasing the number of mental health professionals listed. We also list ADAA members who work for behavioral health clinics.

If you cannot find a therapist, contact your medical provider, your insurance company, or other lists of licensed mental health professionals.

Please note that US clinicians are not able to see clients outside of the US due to licensing restrictions.

Please note that clinicians in the directory who do not state that the participate in an insurance plando not take insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

For the ADAA mental health professionals, this directory also helps you connect with potential patients To join the directory, contact membership@adaa.org.

The members in ADAA's Find Your Therapist directory are listed for the sole propose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

Tips and Questions About How to Chose a Therapist That's Right for You

https://adaa.org/finding-help/treatment/choosing-therapist

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit and the state of t

Watch ADAA's Short "What is" Videos on Depression, MDD, PTD, OCD and Suicide

https://adaa.org/resources-news/from-adaa-experts/videos

Mental Health Webinars

https://adaa.org/resources-news/from-adaa-experts/webinars

Mental Health Personal Stories

https://adaa.org/educational-resources/from-our-community/stories-of-triumph

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free Support Community

https://adaa.org/find-help/support

Meet ADAA's Institutional Members

https://adaa.org/professionals/Institutional-Memberships

For Therapists: Watch ADAA's Find Your Therapist Video

https://youtu.be/Eq3zOzbfGoU

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