



**Emily Bailey**

Zip Code: 30022

Zip Postal: 30022

Language: English

Populations Treated: Adolescents/Teens, Adults

Organization: Atlanta OCD and Anxiety Treatment, LLC

Treatment Options: Phone Consultations, Telehealth

Disorders Treated & Specialty: Health Anxiety, Trichotillomania, Social Anxiety Disorder, Separation Anxiety, Phobias, Panic Attacks/Panic Disorder, Obsessive Compulsive Disorder (OCD), MDD, Intrusive Thoughts, Hoarding, Generalized Anxiety Disorder (GAD), Emetophobia, Depression, Body Focused Repetitive Behaviors, Assessment, Anxiety, Agoraphobia

Treatment Methods: Virtual Reality Exposure, Telemental Health, Intensive Exposure Therapy Protocols, Exposure Therapy, Dialectical Behavioral Therapy (DBT), Cognitive Behavioral Therapy for Insomnia (CBT-I), Acceptance and Commitment Therapy (ACT)

Payment Options: Accepts Credit Cards

Address1: 115 Nesbit Reserve Court

Website: <http://www.dremilybailey.com>

City: Alpharetta

State/Province: Georgia

Country: United States

Degree: PSYD

Preferred Pronouns: she/her/hers

Email: [dr.emilynbailey@gmail.com](mailto:dr.emilynbailey@gmail.com)

Office Phone: 4703663386

Telehealth: Wyoming, Wisconsin, Connecticut, Maine, Kentucky, Indiana, Illinois, Idaho, Georgia, Florida, District of Columbia, Delaware, Maryland, Colorado, Arkansas, Arizona, Alabama, Oklahoma, West Virginia, Washington, Virginia, Utah, Texas, Tennessee, South Carolina, Rhode Island, Pennsylvania, Ohio, North Dakota, North Carolina, New Jersey, Nevada, Nebraska, Missouri, Minnesota, Michigan

Cell Phone: 4703663386

Professional focus: Psychologist

## ABOUT

Atlanta OCD and Anxiety Treatment, LLC was founded in 2023 by Dr. Emily Bailey, a licensed clinical psychologist. Individualized, evidence-based treatment for children, adolescents and adults with OCD, OCD-related disorders, anxiety disorders, depression, parenting-related challenges, and other life stressors are provided at this practice

## TREATMENT APPROACH

Acceptance and Commitment Therapy (ACT)

Cognitive Behavioral Therapy for Insomnia (CBT-I)

Dialectical Behavioral Therapy (DBT)

Exposure Therapy

Intensive Exposure Therapy Protocols

Telemental Health

Virtual Reality Exposure

## POPULATIONS TREATED

Adolescents/Teens  
Adults

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#### DISORDERS AND SPECIALITIES

Agoraphobia  
Anxiety  
Assessment  
Body Focused Repetitive Behaviors  
Depression  
Emetophobia  
Generalized Anxiety Disorder (GAD)  
Health Anxiety  
Hoarding  
Intrusive Thoughts  
MDD  
Obsessive Compulsive Disorder (OCD)  
Panic Attacks/Panic Disorder  
Phobias  
Separation Anxiety  
Social Anxiety Disorder  
Trichotillomania

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#### PAYMENT OPTIONS

Accepts Credit Cards



## ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

### Looking for a Therapist? ADAA Can Help

ADAA's Find Your Therapist Directory is your trusted resource for connecting with licensed mental health professionals who specialize in treating anxiety, depression, OCD, PTSD, and other related disorders. Each provider listed holds a valid clinical license and brings expertise to support your mental wellness journey.

### If You're Having Trouble Finding a Therapist

If you don't find a match in our directory, we encourage you to:

- Contact your primary care provider
- Check with your health insurance company
- Explore other reputable directories of licensed mental health professionals

Please Note:

- U.S.-based clinicians cannot see clients who reside outside the United States due to licensing laws.
- Clinicians who do not mention insurance participation in their profile do not accept insurance.

**Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.**

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*The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.*

*The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.*

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## HELPFUL LINKS

**ADAA Website**

<https://adaa.org/>

**Tips and Questions About How to Choose a Therapist That's Right for You**

<https://adaa.org/finding-help/treatment/choosing-therapist>

**5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You**

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

**Watch ADAA's Short "What is" Videos on Anxiety, Depression, MDD, PTSD, OCD and more!**

<https://adaa.org/resources-news/from-adaa-experts/videos>

**ADAA's Free Mental Health Webinars**

<https://adaa.org/resources-news/from-adaa-experts/webinars>

**Mental Health Personal Stories**

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

**ADAA Free Newsletter Sign Up**

[https://adaa.informz.net/adaa/pages/Triumph\\_Subscribe\\_page](https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page)

**Join a Free ADAA Online Peer-to-Peer Support Community**

<https://adaa.org/find-help/support>

**Meet ADAA's Institutional Members**

<https://adaa.org/professionals/Institutional-Memberships>

**Therapists: Watch ADAA's Find Your Therapist Video and Join the Directory!**

<https://youtu.be/Eq3zOzbfGoU>