



Edna Foa

Zip Code: 19104 Zip Postal: 19104-3322 Language: English

Populations Treated: Adults

Organization: University of Pennsylvania Treatment Options: Phone Consultations

Disorders Treated & Specialty: Posttraumatic Stress Disorder (PTSD), Obsessive Compulsive Disorder (OCD), Anxiety

Treatment Methods: Exposure Therapy, Cognitive Behavioral Therapy (CBT)

Payment Options: Accepts Cash and/or Checks

Address1: 3535 Market St

Address2: Fl 6 City: Philadelphia

State/Providence: Pennsylvania

Degree: PhD

Email: foa@pennmedicine.upenn.edu Office Phone: 2157463327 Telehealth: Pennsylvania Cell Phone: 2157463327

TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

Exposure Therapy

POPULATIONS TREATED

Adults

DISORDERS AND SPECIALITIES

Anxiety

Obsessive Compulsive Disorder (OCD) Posttraumatic Stress Disorder (PTSD)

PAYMENT OPTIONS

Accepts Cash and/or Checks





ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

Looking for a Therapist? ADAA Can Help

ADAA's Find Your Therapist Directory is your trusted resource for connecting with licensed mental health professionals who specialize in treating anxiety, depression, OCD, PTSD, and other related disorders. Each provider listed holds a valid clinical license and brings expertise to support your mental wellness journey.

If You're Having Trouble Finding a Therapist

If you don't find a match in our directory, we encourage you to:

- Contact your primary care provider
- Check with your health insurance company
- Explore other reputable directories of licensed mental health professionals

Please Note:

- U.S.-based clinicians cannot see clients who reside outside the United States due to licensing laws.
- Clinicians who do not mention insurance participation in their profile do not accept insurance.

 $Know\ that\ you\ are\ not\ alone, and\ help\ is\ available.\ If\ you\ are\ in\ crisis\ call\ or\ text\ 988\ for\ the\ Suicide\ \&\ Crisis\ Lifeline.$

The members in ADAA's Find Your Therapist directory are listed for the sole propose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

ADAA Website

https://adaa.org/

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit and the state of t

Watch ADAA's Short "What is" Videos on Anxiety, Depression, MDD, PTD, OCD and more!

https://adaa.org/resources-news/from-adaa-experts/videos

ADAA's Free Mental Health Webinars

https://adaa.org/resources-news/from-adaa-experts/webinars

Mental Health Personal Stories

https://adaa.org/educational-resources/from-our-community/stories-of-triumph

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free ADAA Online Peer-to-Peer Support Community

https://adaa.org/find-help/support

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