



Crystal Scott

Zip Code: 66606

Zip Postal: 66606-1963

Language: English

Populations Treated: Children, Families, Adolescents/Teens

Organization: Family Services and Guidance Center

Disorders Treated & Specialty: Other, Trichotillomania, Trauma, Tourette's Syndrome, Tinnitus Distress, Tardive Dyskinesia, Suicidal Ideation, Substance Abuse, Stress, Social Anxiety Disorder, Sleep Disorders, Autism Spectrum Disorder, Eating Disorders, Divorce, Developmental Disorders, Depression, Chronic Illness, Borderline Personality Disorder (BPD), Body Focused Repetitive Behaviors, Body Dysmorphic Disorder, Bipolar Disorder, BIPOC, Behavioral Issues, Emetophobia, Attention-Deficit/Hyperactivity Disorder, Assessment, Anxiety, Anger Management, Agoraphobia, Academic Underachievement, LGBTQ+, Separation Anxiety, Self-Harm, School Refusal, Selective Mutism Disorder, Posttraumatic Stress Disorder (PTSD), Postpartum, Phobias, Panic Attacks/Panic Disorder, Obsessive Compulsive Disorder (OCD), Misophonia, MDD, Irritable Bowel Syndrome (IBS), Intrusive Thoughts, Infertility, Hoarding, Health Anxiety, Grief, Generalized Anxiety Disorder (GAD), Gender Identity, Family Conflict, Emotional Disturbance

Treatment Methods: Intensive Exposure Therapy Protocols, Exposure Therapy, EMDR, Dialectical Behavioral Therapy (DBT), Compassion-Focused Therapy, Cognitive Behavioral Therapy for Insomnia (CBT-I), Cognitive Behavioral Therapy (CBT), Alternative Therapies, Acceptance and Commitment Therapy (ACT), Interpersonal Therapy (IPT), Other, Virtual Reality Exposure, Telemental Health, Psychopharmacology, Mindfulness, Medication Referral, Medication Management

Payment Options: Accepts Medicaid, Sliding Scale, Accepts Cash and/or Checks, Accepts Credit Cards, Accepts Some Insurance

Address1: 327 SW Frazier Ave

City: Topeka

State/Providence: Kansas

Country: United States

Degree: MSW, LCSW

Preferred Pronouns: she/her/hers

Email: cscott@fsgctopeka.com

Office Phone: 785-232-7946

Cell Phone: 7855541686

Professional focus: Social Worker

ABOUT

CCBHC

TREATMENT APPROACH

Acceptance and Commitment Therapy (ACT)

Alternative Therapies

Cognitive Behavioral Therapy (CBT)

Cognitive Behavioral Therapy for Insomnia (CBT-I)

Compassion-Focused Therapy

Dialectical Behavioral Therapy (DBT)

EMDR

Exposure Therapy

Intensive Exposure Therapy Protocols

Interpersonal Therapy (IPT)

Medication Management

Medication Referral
Mindfulness
Psychopharmacology
Telemental Health
Virtual Reality Exposure
Other

POPULATIONS TREATED

Adolescents/Teens
Children
Families

DISORDERS AND SPECIALITIES

Academic Underachievement
Agoraphobia
Anger Management
Anxiety
Assessment
Attention-Deficit/Hyperactivity Disorder
Autism Spectrum Disorder
Behavioral Issues
BIPOC
Bipolar Disorder
Body Dysmorphic Disorder
Body Focused Repetitive Behaviors
Borderline Personality Disorder (BPD)
Chronic Illness
Depression
Developmental Disorders
Divorce
Eating Disorders
Emetophobia
Emotional Disturbance
Family Conflict
Gender Identity
Generalized Anxiety Disorder (GAD)
Grief
Health Anxiety
Hoarding
Infertility
Intrusive Thoughts
Irritable Bowel Syndrome (IBS)
LGBTQ+
MDD
Misophonia
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Phobias
Postpartum
Posttraumatic Stress Disorder (PTSD)
School Refusal
Selective Mutism Disorder
Self-Harm
Separation Anxiety
Sleep Disorders
Social Anxiety Disorder
Stress
Substance Abuse
Suicidal Ideation
Tardive Dyskinesia
Tinnitus Distress
Tourette's Syndrome
Trauma
Trichotillomania
Other

PAYMENT OPTIONS

Accepts Cash and/or Checks

Accepts Credit Cards

Accepts Medicaid

Accepts Some Insurance

Sliding Scale



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

Looking for a Therapist? ADAA Can Help

ADAA's Find Your Therapist Directory is your trusted resource for connecting with licensed mental health professionals who specialize in treating anxiety, depression, OCD, PTSD, and other related disorders. Each provider listed holds a valid clinical license and brings expertise to support your mental wellness journey.

If You're Having Trouble Finding a Therapist

If you don't find a match in our directory, we encourage you to:

- Contact your primary care provider
- Check with your health insurance company
- Explore other reputable directories of licensed mental health professionals

Please Note:

- U.S.-based clinicians cannot see clients who reside outside the United States due to licensing laws.
- Clinicians who do not mention insurance participation in their profile do not accept insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

Tips and Questions About How to Choose a Therapist That's Right for You

<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Anxiety, Depression, MDD, PTSD, OCD and more!

<https://adaa.org/resources-news/from-adaa-experts/videos>

ADAA's Free Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free ADAA Online Peer-to-Peer Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

Therapists: Watch ADAA's Find Your Therapist Video and Join the Directory!

<https://youtu.be/Eq3zOzbfGoU>