



# **Colin Denney**

Zip Code: 96821 Zip Postal: 96821 Language: English

Populations Treated: Children, Adolescents/Teens, Adults, Families

Organization: Pacific Psychology Services Center

Treatment Options: Telehealth

Disorders Treated & Specialty: Trichotillomania, Emetophobia, Agoraphobia, Anxiety, Body Focused Repetitive Behaviors, Generalized Anxiety Disorder (GAD), Health Anxiety, Intrusive Thoughts, Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder, Posttraumatic Stress

Disorder (PTSD), Separation Anxiety, Social Anxiety Disorder, Tourette's Syndrome

 $\textbf{Treatment Methods:} \ Cognitive \ Behavioral \ Therapy \ (CBT), Exposure \ Therapy, Intensive \ Exposure \ Therapy \ Protocols, \ Telemental \ Health$ 

Payment Options: Accepts Some Insurance, Accepts Credit Cards

Address1: 2385 Halekoa Drive

City: Honolulu

State/Providence: Hawaii

Home Email: doccdenney1@me.com

Degree: PhD

Preferred Pronouns: he/him/his Email: doccdenney1@me.com Office Phone: 808-888-0378

Telehealth: Hawaii Cell Phone: 808-294-3595

# ABOUT

My professional practice focuses particularly on Obsessive-Compulsive Disorder (OCD) and related syndromes (i.e., Body Dysmorphic Disorder, Body-Focused Repetitive Behavior (BFRB), Illness Anxiety Disorder, etc.). I restrict my practice to residents of Hawaii.

### TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)
Exposure Therapy
Intensive Exposure Therapy Protocols
Telemental Health

# POPULATIONS TREATED

Adolescents/Teens Adults Children

# DISORDERS AND SPECIALITIES

**Families** 

Anxiety
Body Focused Repetitive Behaviors
Emetophobia
Generalized Anxiety Disorder (GAD)
Health Anxiety
Intrusive Thoughts
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Posttraumatic Stress Disorder (PTSD)
Separation Anxiety
Social Anxiety Disorder
Tourette's Syndrome
Trichotillomania

# PAYMENT OPTIONS

Accepts Credit Cards
Accepts Some Insurance





# ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

#### Looking for a Therapist? ADAA Can Help

ADAA's Find Your Therapist Directory is your trusted resource for connecting with licensed mental health professionals who specialize in treating anxiety, depression, OCD, PTSD, and other related disorders. Each provider listed holds a valid clinical license and brings expertise to support your mental wellness journey.

# If You're Having Trouble Finding a Therapist

If you don't find a match in our directory, we encourage you to:

- Contact your primary care provider
- Check with your health insurance company
- Explore other reputable directories of licensed mental health professionals

#### Please Note:

- U.S.-based clinicians cannot see clients who reside outside the United States due to licensing laws.
- Clinicians who do not mention insurance participation in their profile do not accept insurance.

 $Know\ that\ you\ are\ not\ alone, and\ help\ is\ available.\ If\ you\ are\ in\ crisis\ call\ or\ text\ 988\ for\ the\ Suicide\ \&\ Crisis\ Lifeline.$ 

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The members in ADAA's Find Your Therapist directory are listed for the sole propose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

#### **ADAA Website**

https://adaa.org/

#### Tips and Questions About How to Chose a Therapist That's Right for You

https://adaa.org/finding-help/treatment/choosing-therapist

#### 5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit and the state of t

#### Watch ADAA's Short "What is" Videos on Anxiety, Depression, MDD, PTD, OCD and more!

https://adaa.org/resources-news/from-adaa-experts/videos

# ADAA's Free Mental Health Webinars

https://adaa.org/resources-news/from-adaa-experts/webinars

#### **Mental Health Personal Stories**

https://adaa.org/educational-resources/from-our-community/stories-of-triumph

# ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph\_Subscribe\_page

# Join a Free ADAA Online Peer-to-Peer Support Community

https://adaa.org/find-help/support

#### **Meet ADAA's Institutional Members**

https://adaa.org/professionals/Institutional-Memberships

# Therapists: Watch ADAA's Find Your Therapist Video and Join the Directory!

https://youtu.be/Eq3zOzbfGoU

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