



Cheryl Gilbert MacLeod

Zip Code: T2W 5P3

Zip Postal: T2W 5P3

Language: English

Populations Treated: Children, Adolescents/Teens

Organization: The Family Psychology Place

Treatment Options: Group Therapy, Home Visits, In Office, Telehealth, Phone Consultations

Disorders Treated & Specialty: Selective Mutism Disorder, School Refusal, Separation Anxiety, Social Anxiety Disorder, Stress, Suicidal Ideation, Tourette's Syndrome, Trauma, Trichotillomania, Posttraumatic Stress Disorder (PTSD), Behavioral Issues, Anxiety, Assessment, Attention-Deficit/Hyperactivity Disorder, Autism Spectrum Disorder, Body Focused Repetitive Behaviors, Depression, Developmental Disorders, Emotional Disturbance, Generalized Anxiety Disorder (GAD), Health Anxiety, Intrusive Thoughts, MDD, Misophonia, Obsessive Compulsive Disorder (OCD), Panic Attacks/Panic Disorder, Phobias

Treatment Methods: Exposure Therapy, Cognitive Behavioral Therapy (CBT), EMDR

Payment Options: Accepts Some Insurance, Accepts Credit Cards, Accepts Cash and/or Checks

Address1: 57 Woodford Close SW

Website: <https://familypsychologyplace.com>

City: Calgary

State/Province: Alberta

Country: Canada

Degree: PhD

Preferred Pronouns: she/her/hers

Email: drcheryl@familypsychologyplace.com

Office Phone: 402-250-7792

Cell Phone: 403-404-3777

Professional focus: Psychologist

ABOUT

I am a child psychologist who specializes in anxiety, Tourette's Disorder, and OCD

TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

EMDR

Exposure Therapy

POPULATIONS TREATED

Adolescents/Teens

Children

DISORDERS AND SPECIALITIES

Anxiety

Assessment

Attention-Deficit/Hyperactivity Disorder
Autism Spectrum Disorder
Behavioral Issues
Body Focused Repetitive Behaviors
Depression
Developmental Disorders
Emotional Disturbance
Generalized Anxiety Disorder (GAD)
Health Anxiety
Intrusive Thoughts
MDD
Misophonia
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Phobias
Posttraumatic Stress Disorder (PTSD)
School Refusal
Selective Mutism Disorder
Separation Anxiety
Social Anxiety Disorder
Stress
Suicidal Ideation
Tourette's Syndrome
Trauma
Trichotillomania

PAYMENT OPTIONS

Accepts Cash and/or Checks
Accepts Credit Cards
Accepts Some Insurance



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

ADAA's Find Your Therapist Directory connects YOU with licensed mental health professionals/counselors, with clinical licenses and who have expertise in anxiety, depression, OCD, PTSD, and co-occurring disorders.

We are increasing the number of mental health professionals listed. We also list ADAA members who work for behavioral health clinics.

If you cannot find a therapist, contact your medical provider, your insurance company, or other lists of licensed mental health professionals.

Please note that US clinicians are not able to see clients outside of the US due to licensing restrictions.

Please note that clinicians in the directory who do not state that they participate in an insurance plan do not take insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

For the ADAA mental health professionals, this directory also helps you connect with potential patients. To join the directory, contact membership@adaa.org.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website
<https://adaa.org/>

Tips and Questions About How to Chose a Therapist That's Right for You

<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Depression, MDD, PTSD, OCD and Suicide

<https://adaa.org/resources-news/from-adaa-experts/videos>

Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

For Therapists: Watch ADAA's Find Your Therapist Video

<https://youtu.be/Eq3zOzbfGoU>