



Charles Glass

Zip Code: 80222

Zip Postal: 80222

Language: English

Populations Treated: Seniors, Adults, Adolescents/Teens

Organization: Charles D. Glass, Ph.D.

Treatment Options: Phone Consultations, Telehealth, In Office

Disorders Treated & Specialty: Trichotillomania, Trauma, Tourette's Syndrome, Tinnitus Distress, Suicidal Ideation, Stress, Social Anxiety Disorder, Anxiety, Gender Identity, Emotional Disturbance, Emetophobia, Depression, Chronic Illness, Body Focused Repetitive Behaviors, Body Dysmorphic Disorder, Bipolar Disorder, Generalized Anxiety Disorder (GAD), Agoraphobia, Misophonia, Sleep Disorders, Separation Anxiety, School Refusal, Posttraumatic Stress Disorder (PTSD), Postpartum, Phobias, Panic Attacks/Panic Disorder, Obsessive Compulsive Disorder (OCD), MDD, LGBTQ+, Irritable Bowel Syndrome (IBS), Intrusive Thoughts, Hoarding, Health Anxiety, Grief

Treatment Methods: Mindfulness, Intensive Exposure Therapy Protocols, Exposure Therapy, EMDR, Dialectical Behavioral Therapy (DBT), Cognitive Behavioral Therapy for Insomnia (CBT-I), Cognitive Behavioral Therapy (CBT), Acceptance and Commitment Therapy (ACT), Telemental Health, Virtual Reality Exposure

Payment Options: Sliding Scale, Accepts Medicare, Accepts Cash and/or Checks, Accepts Credit Cards, Accepts Some Insurance

Address1: 1777 S.Bellaire St.

Address2: Suite 160

Website: <http://ColoradoAnxietyCenter.com>

City: Denver

State/Providence: Colorado

Country: United States

Degree: PhD

Email: DrGlass@ColoradoAnxietyCenter.com

Office Phone: (303) 893-0112

Telehealth: Colorado

Professional focus: Psychologist

ABOUT

A Clinical Psychology practice that focuses exclusively on Anxiety Disorders, Obsessive-Compulsive Disorder, Post-Traumatic Stress Disorder, other Stress-Related Issues, and Depression

TREATMENT APPROACH

Acceptance and Commitment Therapy (ACT)

Cognitive Behavioral Therapy (CBT)

Cognitive Behavioral Therapy for Insomnia (CBT-I)

Dialectical Behavioral Therapy (DBT)

EMDR

Exposure Therapy

Intensive Exposure Therapy Protocols

Mindfulness

Telemental Health

Virtual Reality Exposure

POPULATIONS TREATED

Adolescents/Teens
Adults
Seniors

DISORDERS AND SPECIALITIES

Agoraphobia
Anxiety
Bipolar Disorder
Body Dysmorphic Disorder
Body Focused Repetitive Behaviors
Chronic Illness
Depression
Emetophobia
Emotional Disturbance
Gender Identity
Generalized Anxiety Disorder (GAD)
Grief
Health Anxiety
Hoarding
Intrusive Thoughts
Irritable Bowel Syndrome (IBS)
LGBTQ+
MDD
Misophonia
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Phobias
Postpartum
Posttraumatic Stress Disorder (PTSD)
School Refusal
Separation Anxiety
Sleep Disorders
Social Anxiety Disorder
Stress
Suicidal Ideation
Tinnitus Distress
Tourette's Syndrome
Trauma
Trichotillomania

PAYMENT OPTIONS

Accepts Cash and/or Checks
Accepts Credit Cards
Accepts Medicare
Accepts Some Insurance
Sliding Scale



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

Looking for a Therapist? ADAA Can Help

ADAA's Find Your Therapist Directory is your trusted resource for connecting with licensed mental health professionals who specialize in treating anxiety, depression, OCD, PTSD, and other related disorders. Each provider listed holds a valid clinical license and brings expertise to support your mental wellness journey.

If You're Having Trouble Finding a Therapist

If you don't find a match in our directory, we encourage you to:

- Contact your primary care provider
- Check with your health insurance company
- Explore other reputable directories of licensed mental health professionals

Please Note:

- U.S.-based clinicians cannot see clients who reside outside the United States due to licensing laws.
- Clinicians who do not mention insurance participation in their profile do not accept insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

Tips and Questions About How to Choose a Therapist That's Right for You

<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Anxiety, Depression, MDD, PTSD, OCD and more!

<https://adaa.org/resources-news/from-adaa-experts/videos>

ADAA's Free Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free ADAA Online Peer-to-Peer Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

Therapists: Watch ADAA's Find Your Therapist Video and Join the Directory!

<https://youtu.be/Eq3zOzbfGoU>