



Brooke Hallowell

Zip Code: 01095
Zip Postal: 01095
Language: English, French
Populations Treated: Couples, Children, Adults
Organization: Brain Empowerment, LLC
Treatment Options: Home Visits, Telehealth, Phone Consultations
Disorders Treated & Specialty: Assessment, Selective Mutism Disorder, Social Anxiety Disorder, Other
Treatment Methods: Acceptance and Commitment Therapy (ACT), Alternative Therapies, Compassion-Focused Therapy, Exposure Therapy, Intensive Exposure Therapy Protocols, Mindfulness, Other
Payment Options: Accepts Cash and/or Checks, Accepts Venmo/App-based Payment
Address1: 20 Ely Road
City: WILBRAHAM
State/Province: Massachusetts
Country: United States
Degree: PhD
Preferred Pronouns: she/her/hers
Email: brookehallowell12@gmail.com
Office Phone: 7405412877
Telehealth: Florida, Massachusetts, Ohio
Cell Phone: 740-541-2877
Professional focus: Researcher, Counselor, Other

ABOUT

Private practice, specializing in: • Identity and post-traumatic growth after stroke and brain injury, especially in light of aphasia and other communication challenges • Couples and families coping with aphasia and related communication challenges • Decision making and quality of life challenges for stroke and brain injury survivors and people with dementia • Strengths-based communication assessment • Selective mutism
Author: Hallowell, B. (2023). Aphasia and Other Acquired Neurogenic Language Disorders: A Guide for Clinical Excellence, 2nd Ed. San Diego, CA: Plural Publishing. ISBN13: 978-1-63550-159-9 Numerous publications, grants, invited workshops and keynote addresses; Over 25 years of research and clinical practice experience

ADDITIONAL INFORMATION

Special foci on communication anxiety, social communication, public speaking, interview preparation and practice

TREATMENT APPROACH

Acceptance and Commitment Therapy (ACT)
Alternative Therapies
Compassion-Focused Therapy
Exposure Therapy
Intensive Exposure Therapy Protocols
Mindfulness
Other

POPULATIONS TREATED

Adults
Children
Couples

DISORDERS AND SPECIALITIES

Assessment
Selective Mutism Disorder
Social Anxiety Disorder
Other

PAYMENT OPTIONS

Accepts Cash and/or Checks
Accepts Venmo/App-based Payment



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

Looking for a Therapist? ADAA Can Help

ADAA's Find Your Therapist Directory is your trusted resource for connecting with licensed mental health professionals who specialize in treating anxiety, depression, OCD, PTSD, and other related disorders. Each provider listed holds a valid clinical license and brings expertise to support your mental wellness journey.

If You're Having Trouble Finding a Therapist

If you don't find a match in our directory, we encourage you to:

- Contact your primary care provider
- Check with your health insurance company
- Explore other reputable directories of licensed mental health professionals

Please Note:

- U.S.-based clinicians cannot see clients who reside outside the United States due to licensing laws.
- Clinicians who do not mention insurance participation in their profile do not accept insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

Tips and Questions About How to Choose a Therapist That's Right for You

<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Anxiety, Depression, MDD, PTSD, OCD and more!

<https://adaa.org/resources-news/from-adaa-experts/videos>

ADAA's Free Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free ADAA Online Peer-to-Peer Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

Therapists: Watch ADAA's Find Your Therapist Video and Join the Directory!

<https://youtu.be/Eq3zOzbfGoU>