



**Amir Ahuja**

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**Zip Code:** 90036

**Zip Postal:** 90036

**Language:** English

**Populations Treated:** Adults

**Organization:** Amir Ahuja, MD

**Treatment Options:** In Office, Telehealth, Phone Consultations

**Disorders Treated & Specialty:** Phobias, Social Anxiety Disorder, Substance Abuse, Suicidal Ideation, Panic Attacks/Panic Disorder, Assessment, Anxiety, Attention-Deficit/Hyperactivity Disorder, Borderline Personality Disorder (BPD), Depression, Eating Disorders, Gender Identity, Generalized Anxiety Disorder (GAD), Grief, LGBTQ+, MDD, Obsessive Compulsive Disorder (OCD)

**Treatment Methods:** Cognitive Behavioral Therapy (CBT), Medication Management, Psychopharmacology, Telemental Health

**Payment Options:** Accepts Cash and/or Checks, Accepts Credit Cards, Accepts Venmo/App-based Payment

**Address1:** 450 N Bedford Drive

**Address2:** Suite 309

**Website:** <http://www.amirahujamd.com>

**City:** Beverly Hills

**State/Providence:** California

**Country:** United States

**Degree:** MD

**Preferred Pronouns:** he/him/his

**Email:** [dramir@amirahujamd.com](mailto:dramir@amirahujamd.com)

**Telehealth:** California, New Jersey

**Professional focus:** Psychiatrist

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## ABOUT

This is a Private Practice for Adults that focuses on LGBTQ+ individuals as well as anyone suffering from ADHD, Trauma, Intimate Partner Violence, and/or Substance Use issues. I also treat a variety of other conditions and have training in CBT and Psychodynamic therapeutic techniques. I can do telehealth or in person in Beverly Hills, CA.

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## TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)

Medication Management

Psychopharmacology

Telemental Health

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## POPULATIONS TREATED

Adults

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## DISORDERS AND SPECIALITIES

Anxiety

Assessment

Attention-Deficit/Hyperactivity Disorder  
Borderline Personality Disorder (BPD)  
Depression  
Eating Disorders  
Gender Identity  
Generalized Anxiety Disorder (GAD)  
Grief  
LGBTQ+  
MDD  
Obsessive Compulsive Disorder (OCD)  
Panic Attacks/Panic Disorder  
Phobias  
Social Anxiety Disorder  
Substance Abuse  
Suicidal Ideation

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#### PAYMENT OPTIONS

Accepts Cash and/or Checks  
Accepts Credit Cards  
Accepts Venmo/App-based Payment



## ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

### Looking for a Therapist? ADAA Can Help

ADAA's Find Your Therapist Directory is your trusted resource for connecting with licensed mental health professionals who specialize in treating anxiety, depression, OCD, PTSD, and other related disorders. Each provider listed holds a valid clinical license and brings expertise to support your mental wellness journey.

### If You're Having Trouble Finding a Therapist

If you don't find a match in our directory, we encourage you to:

- Contact your primary care provider
- Check with your health insurance company
- Explore other reputable directories of licensed mental health professionals

Please Note:

- U.S.-based clinicians cannot see clients who reside outside the United States due to licensing laws.
- Clinicians who do not mention insurance participation in their profile do not accept insurance.

**Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.**

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*The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.*

*The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.*

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## HELPFUL LINKS

**ADAA Website**

<https://adaa.org/>

**Tips and Questions About How to Choose a Therapist That's Right for You**

<https://adaa.org/finding-help/treatment/choosing-therapist>

**5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You**

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

**Watch ADAA's Short "What is" Videos on Anxiety, Depression, MDD, PTSD, OCD and more!**

<https://adaa.org/resources-news/from-adaa-experts/videos>

**ADAA's Free Mental Health Webinars**

<https://adaa.org/resources-news/from-adaa-experts/webinars>

**Mental Health Personal Stories**

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

**ADAA Free Newsletter Sign Up**

[https://adaa.informz.net/adaa/pages/Triumph\\_Subscribe\\_page](https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page)

**Join a Free ADAA Online Peer-to-Peer Support Community**

<https://adaa.org/find-help/support>

**Meet ADAA's Institutional Members**

<https://adaa.org/professionals/Institutional-Memberships>

**Therapists: Watch ADAA's Find Your Therapist Video and Join the Directory!**

<https://youtu.be/Eq3zOzbfGoU>