



**Amir Ahuja**

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Zip Code: 90036  
Zip Postal: 90036  
Language: English  
Populations Treated: Adults  
Organization: Amir Ahuja, MD  
Treatment Options: In Office, Telehealth, Phone Consultations  
Disorders Treated & Specialty: Phobias, Social Anxiety Disorder, Substance Abuse, Suicidal Ideation, Panic Attacks/Panic Disorder, Assessment, Anxiety, Attention-Deficit/Hyperactivity Disorder, Borderline Personality Disorder (BPD), Depression, Eating Disorders, Gender Identity, Generalized Anxiety Disorder (GAD), Grief, LGBTQ+, MDD, Obsessive Compulsive Disorder (OCD)  
Treatment Methods: Cognitive Behavioral Therapy (CBT), Medication Management, Psychopharmacology, Telemental Health  
Payment Options: Accepts Cash and/or Checks, Accepts Credit Cards, Accepts Venmo/App-based Payment  
Address1: 450 N Bedford Drive  
Address2: Suite 309  
Website: <http://www.amirahujamd.com>  
City: Beverly Hills  
State/Province: California  
Country: United States  
Degree: MD  
Preferred Pronouns: he/him/his  
Email: [dramir@amirahujamd.com](mailto:dramir@amirahujamd.com)  
Telehealth: California, New Jersey  
Professional focus: Psychiatrist

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#### ABOUT

This is a Private Practice for Adults that focuses on LGBTQ+ individuals as well as anyone suffering from ADHD, Trauma, Intimate Partner Violence, and/or Substance Use issues. I also treat a variety of other conditions and have training in CBT and Psychodynamic therapeutic techniques. I can do telehealth or in person in Beverly Hills, CA.

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#### TREATMENT APPROACH

Cognitive Behavioral Therapy (CBT)  
Medication Management  
Psychopharmacology  
Telemental Health

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#### POPULATIONS TREATED

Adults

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#### DISORDERS AND SPECIALITIES

Anxiety  
Assessment

Attention-Deficit/Hyperactivity Disorder  
Borderline Personality Disorder (BPD)  
Depression  
Eating Disorders  
Gender Identity  
Generalized Anxiety Disorder (GAD)  
Grief  
LGBTQ+  
MDD  
Obsessive Compulsive Disorder (OCD)  
Panic Attacks/Panic Disorder  
Phobias  
Social Anxiety Disorder  
Substance Abuse  
Suicidal Ideation

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#### PAYMENT OPTIONS

Accepts Cash and/or Checks  
Accepts Credit Cards  
Accepts Venmo/App-based Payment



#### ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

*ADAA's Find Your Therapist Directory connects YOU with licensed mental health professionals/counselors, with clinical licenses and who have expertise in anxiety, depression, OCD, PTSD, and co-occurring disorders.*

*We are increasing the number of mental health professionals listed. We also list ADAA members who work for behavioral health clinics.*

*If you cannot find a therapist, contact your medical provider, your insurance company, or other lists of licensed mental health professionals.*

*Please note that US clinicians are not able to see clients outside of the US due to licensing restrictions.*

*Please note that clinicians in the directory who do not state that they participate in an insurance plan do not take insurance.*

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

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*For the ADAA mental health professionals, this directory also helps you connect with potential patients. To join the directory, contact [membership@adaa.org](mailto:membership@adaa.org).*

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*The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.*

*The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.*

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#### HELPFUL LINKS

**ADAA Website**  
<https://adaa.org/>

**Tips and Questions About How to Chose a Therapist That's Right for You**

<https://adaa.org/finding-help/treatment/choosing-therapist>

**5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You**

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

**Watch ADAA's Short "What is" Videos on Depression, MDD, PTSD, OCD and Suicide**

<https://adaa.org/resources-news/from-adaa-experts/videos>

**Mental Health Webinars**

<https://adaa.org/resources-news/from-adaa-experts/webinars>

**Mental Health Personal Stories**

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

**ADAA Free Newsletter Sign Up**

[https://adaa.informz.net/adaa/pages/Triumph\\_Subscribe\\_page](https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page)

**Join a Free Support Community**

<https://adaa.org/find-help/support>

**Meet ADAA's Institutional Members**

<https://adaa.org/professionals/Institutional-Memberships>

**For Therapists: Watch ADAA's Find Your Therapist Video**

<https://youtu.be/Eq3zOzbfGoU>