



Agheigh Nicky Lankerani

Zip Code: 20015

Zip Postal: 20015

Language: Persian, English

Populations Treated: Children, Adolescents/Teens, Adults

Organization: The Ross Center for Anxiety & Related Disorders

Treatment Options: Telehealth

Disorders Treated & Specialty: Sleep Disorders, Trichotillomania, Trauma, Tourette's Syndrome, Tardive Dyskinesia, Suicidal Ideation, Stress, Social Anxiety Disorder, Separation Anxiety, Self-Harm, School Refusal, Selective Mutism Disorder, Posttraumatic Stress Disorder (PTSD), Phobias, Panic Attacks/Panic Disorder, Obsessive Compulsive Disorder (OCD), Misophonia, Anger Management, Body Focused Repetitive Behaviors, Body Dysmorphic Disorder, Bipolar Disorder, Behavioral Issues, Autism Spectrum Disorder, Attention-Deficit/Hyperactivity Disorder, Assessment, Anxiety, Borderline Personality Disorder (BPD), Agoraphobia, Academic Underachievement, Family Conflict, MDD, LGBTQ+, Irritable Bowel Syndrome (IBS), Intrusive Thoughts, Hoarding, Health Anxiety, Grief, Generalized Anxiety Disorder (GAD), Emotional Disturbance, Emetophobia, Eating Disorders, Divorce, Developmental Disorders, Depression, Chronic Illness

Treatment Methods: Telemental Health, Psychopharmacology, Medication Referral, Medication Management

Payment Options: Accepts Credit Cards

Address1: 5225 WISCONSIN AVENUE NW

Address2: Suite 400

City: WASHINGTON

State/Providence: District of Columbia

Country: United States

Degree: MD

Email: nlankerani@rosscenter.com

Office Phone: 2023631010

Telehealth: Maryland, District of Columbia

Cell Phone: 2409943770

Professional focus: Psychiatrist

TREATMENT APPROACH

Medication Management

Medication Referral

Psychopharmacology

Telemental Health

POPULATIONS TREATED

Adolescents/Teens

Adults

Children

DISORDERS AND SPECIALITIES

Academic Underachievement

Agoraphobia

Anger Management

Anxiety
Assessment
Attention-Deficit/Hyperactivity Disorder
Autism Spectrum Disorder
Behavioral Issues
Bipolar Disorder
Body Dysmorphic Disorder
Body Focused Repetitive Behaviors
Borderline Personality Disorder (BPD)
Chronic Illness
Depression
Developmental Disorders
Divorce
Eating Disorders
Emetophobia
Emotional Disturbance
Family Conflict
Generalized Anxiety Disorder (GAD)
Grief
Health Anxiety
Hoarding
Intrusive Thoughts
Irritable Bowel Syndrome (IBS)
LGBTQ+
MDD
Misophonia
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Phobias
Posttraumatic Stress Disorder (PTSD)
School Refusal
Selective Mutism Disorder
Self-Harm
Separation Anxiety
Sleep Disorders
Social Anxiety Disorder
Stress
Suicidal Ideation
Tardive Dyskinesia
Tourette's Syndrome
Trauma
Trichotillomania

PAYMENT OPTIONS

Accepts Credit Cards



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

Looking for a Therapist? ADAA Can Help

ADAA's Find Your Therapist Directory is your trusted resource for connecting with licensed mental health professionals who specialize in treating anxiety, depression, OCD, PTSD, and other related disorders. Each provider listed holds a valid clinical license and brings expertise to support your mental wellness journey.

If You're Having Trouble Finding a Therapist

If you don't find a match in our directory, we encourage you to:

- Contact your primary care provider
- Check with your health insurance company
- Explore other reputable directories of licensed mental health professionals

Please Note:

- U.S.-based clinicians cannot see clients who reside outside the United States due to licensing laws.
- Clinicians who do not mention insurance participation in their profile do not accept insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website

<https://adaa.org/>

Tips and Questions About How to Choose a Therapist That's Right for You

<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Anxiety, Depression, MDD, PTSD, OCD and more!

<https://adaa.org/resources-news/from-adaa-experts/videos>

ADAA's Free Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free ADAA Online Peer-to-Peer Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

Therapists: Watch ADAA's Find Your Therapist Video and Join the Directory!

<https://youtu.be/Eq3zOzbfGoU>