



Agheigh Nicky Lankerani

Zip Code: 20015

Zip Postal: 20015

Language: Persian, English

Populations Treated: Children, Adolescents/Teens, Adults

Organization: The Ross Center for Anxiety & Related Disorders

Treatment Options: Telehealth

Disorders Treated & Specialty: Sleep Disorders, Trichotillomania, Trauma, Tourette's Syndrome, Tardive Dyskinesia, Suicidal Ideation, Stress, Social Anxiety Disorder, Separation Anxiety, Self-Harm, School Refusal, Selective Mutism Disorder, Posttraumatic Stress Disorder (PTSD), Phobias, Panic Attacks/Panic Disorder, Obsessive Compulsive Disorder (OCD), Misophonia, Anger Management, Body Focused Repetitive Behaviors, Body Dysmorphic Disorder, Bipolar Disorder, Behavioral Issues, Autism Spectrum Disorder, Attention-Deficit/Hyperactivity Disorder, Assessment, Anxiety, Borderline Personality Disorder (BPD), Agoraphobia, Academic Underachievement, Family Conflict, MDD, LGBTQ+, Irritable Bowel Syndrome (IBS), Intrusive Thoughts, Hoarding, Health Anxiety, Grief, Generalized Anxiety Disorder (GAD), Emotional Disturbance, Emetophobia, Eating Disorders, Divorce, Developmental Disorders, Depression, Chronic Illness

Treatment Methods: Telemental Health, Psychopharmacology, Medication Referral, Medication Management

Payment Options: Accepts Credit Cards

Address1: 5225 WISCONSIN AVENUE NW

Address2: Suite 400

City: WASHINGTON

State/Providence: District of Columbia

Country: United States

Degree: MD

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Office Phone: 2023631010

Telehealth: Maryland, District of Columbia

Cell Phone: 2409943770

Professional focus: Psychiatrist

TREATMENT APPROACH

Medication Management

Medication Referral

Psychopharmacology

Telemental Health

POPULATIONS TREATED

Adolescents/Teens

Adults

Children

DISORDERS AND SPECIALITIES

Academic Underachievement

Agoraphobia

Anger Management

Anxiety
Assessment
Attention-Deficit/Hyperactivity Disorder
Autism Spectrum Disorder
Behavioral Issues
Bipolar Disorder
Body Dysmorphic Disorder
Body Focused Repetitive Behaviors
Borderline Personality Disorder (BPD)
Chronic Illness
Depression
Developmental Disorders
Divorce
Eating Disorders
Emetophobia
Emotional Disturbance
Family Conflict
Generalized Anxiety Disorder (GAD)
Grief
Health Anxiety
Hoarding
Intrusive Thoughts
Irritable Bowel Syndrome (IBS)
LGBTQ+
MDD
Misophonia
Obsessive Compulsive Disorder (OCD)
Panic Attacks/Panic Disorder
Phobias
Posttraumatic Stress Disorder (PTSD)
School Refusal
Selective Mutism Disorder
Self-Harm
Separation Anxiety
Sleep Disorders
Social Anxiety Disorder
Stress
Suicidal Ideation
Tardive Dyskinesia
Tourette's Syndrome
Trauma
Trichotillomania

PAYMENT OPTIONS

Accepts Credit Cards



ABOUT ANXIETY & DEPRESSION ASSOCIATION (ADAA)

ADAA's Find Your Therapist Directory connects YOU with licensed mental health professionals/counselors, with clinical licenses and who have expertise in anxiety, depression, OCD, PTSD, and co-occurring disorders.

We are increasing the number of mental health professionals listed. We also list ADAA members who work for behavioral health clinics.

If you cannot find a therapist, contact your medical provider, your insurance company, or other lists of licensed mental health professionals.

Please note that US clinicians are not able to see clients outside of the US due to licensing restrictions.

Please note that clinicians in the directory who do not state that they participate in an insurance plan do not take insurance.

Know that you are not alone, and help is available. If you are in crisis call or text 988 for the Suicide & Crisis Lifeline.

For the ADAA mental health professionals, this directory also helps you connect with potential patients. To join the directory, contact membership@adaa.org.

The members in ADAA's Find Your Therapist directory are listed for the sole purpose of helping the public or serving as an ADAA professional member referral.

The emails of the therapists cannot be used to contact them for any reason other than requesting mental health services or for an ADAA professional member to reach out to another member to discuss a possible referral. These emails are not to be used to solicit business or promote any products. ADAA reserves the right to take legal action if solicitations occur.

HELPFUL LINKS

ADAA Website
<https://adaa.org/>

Tips and Questions About How to Chose a Therapist That's Right for You

<https://adaa.org/finding-help/treatment/choosing-therapist>

5 Tips for How to Know If an Anxiety Therapist Is the Right Fit for You

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/5-tips-how-know-if-anxiety-therapist-right-fit>

Watch ADAA's Short "What is" Videos on Depression, MDD, PTSD, OCD and Suicide

<https://adaa.org/resources-news/from-adaa-experts/videos>

Mental Health Webinars

<https://adaa.org/resources-news/from-adaa-experts/webinars>

Mental Health Personal Stories

<https://adaa.org/educational-resources/from-our-community/stories-of-triumph>

ADAA Free Newsletter Sign Up

https://adaa.informz.net/adaa/pages/Triumph_Subscribe_page

Join a Free Support Community

<https://adaa.org/find-help/support>

Meet ADAA's Institutional Members

<https://adaa.org/professionals/Institutional-Memberships>

For Therapists: Watch ADAA's Find Your Therapist Video

<https://youtu.be/Eq3zOzbfGoU>